

CB-BK WE1 2026: Session: 1: COACH evaluation sheet for TEAM: ESN

Coachinfo: Warming up from: 07:00 untill 08:15. Teamleadmeeting @ The listed starttimes are indicative!

Coaches: David Tiffany

Coaches: Maka Emilie

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

Event number: 1: 200M FREESTYLE WOMEN 13-14 Heat:5, starttime: 08:42

Heat: 5/14 Lane : 3 Athlete: TOUSSAINT ANAELLE Q-time: 02:24:80

PB (50m pool): 02:37.39 Seraing 07/12/2025 PB (25m pool): 02:24.80 SB: 02:37.39 Seraing 07/12/2025

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:35.05	01:14.56	01:57.11	02:37.39	
	00:35.05	00:39.51	00:42.55	00:40.28	
					

Coach feedback:

Event number: 2: 200M BACKSTROKE MEN 13-14 Heat:4, starttime: 09:22

Heat: 4/11 Lane : 7 Athlete: PECCHINI ANDREA Q-time: 02:44:81

PB (50m pool): 02:58.40 Seraing 22/03/2026 PB (25m pool): no time SB: 02:58.40 Seraing 22/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	no time	01:26.26	02:12.31	02:58.40	
	no time		00:46.05	00:46.09	
					

Coach feedback:

Event number: 3: 200M MEDLEY WOMEN 11-12 Heat:5, starttime: 10:06

Heat: 5/20 Lane : 6 Athlete: GARCIA GARCIA CASSANDRA Q-time: 03:10:96

PB (50m pool): 03:14.11 Seraing 22/03/2026 PB (25m pool): 03:11.69 SB: 03:14.11 Seraing 22/03/2026

	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	
PB	00:46.83	01:36.48	02:31.73	03:14.11	
	00:46.83	00:49.65	00:55.25	00:42.38	
					

Coach feedback:

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Event number: 4: 100M BACKSTROKE MEN 11-12							Heat:8, starttime: 11:20		
Heat: 8/12 Lane : 7 Athlete: GILLES TIMÉO							Q-time: 01:21:75		
PB (50m pool): 01:25.36 La Louvière 08/02/2026							PB (25m pool): 01:21.75 SB: 01:25.36 La Louvière 08/02/2026		
	5 0 M		1 0 0 M						
PB	00:41.79		01:25.36						
	00:41.79		00:43.57						
									

Coach feedback:

Event number: 6: 400M MEDLEY MEN 13-14							Heat:7, starttime: 12:20	
Heat: 7/8 Lane : 4 Athlete: ZAMBITO MIRKO							Q-time: 05:19:72	
PB (50m pool): 05:44.64 La Louvière 08/02/2026				PB (25m pool): no time SB: 05:44.64 La Louvière 08/02/2026				
	5 0 M	1 0 0 M	1 5 0 M	2 0 0 M	2 5 0 M	3 0 0 M	3 5 0 M	4 0 0 M
PB	00:37.11	01:19.63	02:05.37	02:48.67	03:37.39	04:28.23	05:07.21	05:44.64
	00:37.11	00:42.52	00:45.74	00:43.30	00:48.72	00:50.84	00:38.98	00:37.43
								

Coach feedback: